



Caregiver Support Group

an Introductory Meeting

Are you...

- Feeling alone?
- Tired?
- Angry?
- Depressed?
- Caregiving?
- All of the above?



Website: thecaregiverfoundation.org
search: 'find a support group'

If you've checked 'all of the above,' you have **caregiver stress**. The Caregiver Foundation invites you to join a new caregiver support group being formed at the Pearl City Public Library.

Starting January 1, 2018, the caregiver support group will meet every 4th Sunday inside of the library's meeting room.

Sunday, December 10, 2017 1:00-3:00pm

Pearl City Public Library

1138 Waimano Home Road • Tel. 453-6566

Program schedule is subject to change. Contact the hosting library at least 15 days in advance to request a sign language interpreter or if special accommodations are needed. For a list of upcoming library events, visit www.librarieshawaii.org/events.



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